

SENIOR *Dance* FITNESS

AND

Pilates 

\$5/PER CLASS

Join now

**CLASSES START
MONDAY, 07/24**

MONDAY

9AM • Senior Conditioning

TUES. WED. & THURS.

9AM • Senior Dance Fitness

10AM • Pilates

**For More
Info Contact:**

Janice Valandingham
(850) 833-9578
jvalandingham@fwb.org